**CONFERENCE PROCEEDINGS** 



**Social Science and Humanities Research Association** 

11th ICPLR 2018 - International Conference on Psychology & Language Research (Mauritius), 03 July - 04 July, 2018

03 -04 July, 2018

## **KEYNOTE SPEAKER**



### Raj Babajee Mauritius Institute of Education Lecturer on PGCE, Mauritius

Rajesh Babajee is a British Law lecturer and educator. Originally a civil servant for the Department for Education and Skills, he read Law and Politics at Keele University between 1991 to 1994.

He worked for HM Treasury Solicitors' representing the Home Office and Foreign and Commonwealth Office. He then moved to private practice opening his own firm in 2008.

Rajesh decided to change his career in 2012, focusing on education and training. He has taught on the LLB programme in Middlesex, UCLAN and Aberystwyth Universities.

He holds a PGCertHE and currently undertaking his Phd in Legal Education. He is opening his own Business School in Madrid in 2019. Further he enjoys Tai Chi and is currently screenwriting a play on Pakistani women claiming asylum in the UK.

## KEYNOTE SPEAKER



Mahend Gungapersad Manager/Rector at Bhujoharry Quartier Militaire, Mauritius

Mahend Gungapersad is a pedagogue who has been in the educational sector since 1993 to date. He has served as an educator at the Mahatma Gandhi Institute and was the rector of the Rabindranath Tagore Secondary school. He has also been part time lecturer at the Mauritius Institute of Education (MIE). He was the awarded the President's Distinguished Service Medal (PDSM) for his contribution in the field of education in 2011. He has a BA English (Hons) from Delhi University, an MA in Applied Linguistics/TESOL and an MBA in Educational Management from University of Leicester and in July he will be the recipient of a Doctorate in Education (University of Brighton). His main research interest is educational and teacher leadership. He regularly shares his pedagogical views on a number of issues in the local press. He is currently solicited by a few private secondary schools to share his professional experience in order to boost up their performance and restore discipline.

#### **Of Mood And Motive**

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Dibakar Pal PhD Student, Department of Business Management, University of Calcutta, Kolkata, India

### Abstract

	task many had formed individual learning goals, wanting to use English better. Though both low- and high-level students were anxious about communicating
	with a stranger, their anxiety was largely mitigated by the collaborative structure, the predictability of assignments and the freedom to look back at
	previously studied strategies.
	Future research could focus on cataloging approaches currently in use that allow
	for more student autonomy and mitigate performance anxiety within PBLT. The design, implementation, and evaluation of such an assessment project would
	be desirable as well.
	Keywords: Assessment, instructional materials design, implementation.
Khaled Eslayeh GICICPLR1809053	The degree of facing violence and its relation with depression and anxiety for Palestinian children in Gaza Strip.
	Khaled Eslayeh
	Psychological Health, Quds University, Palestine, Gaza
	Abstract
	When children are exposed to traumatic events, they might develop many
	physical and psychological symptoms that need immediate intervention in order to alleviate further adverse consequences.
	The overall aim of this study is to assess the impact of political violence on
	behavioral problems, anxiety and depression among the Palestinian children in
	Gaza Strip. This has also been carried out through taking into consideration
	some other factors; i.e. gender, age, educational level of the mother, family income, place of residence and periods of exposure.
	Analytical study was carried out a sample of 130 Palestinian children aged from
	9 - 16 years (elementary and preparatory school stages) living in Gaza Strip.
	These children were assessed during the second school semester using structured
	self-report questionnaire for possible types of behavioral problems, anxiety and depression as a result of the traumatic events they were exposed to. Rutter behavioral problem scale for children, Beck's depression scale and Reynolds
	anxiety scale were used in the study. Main findings
	1. It was found that 23.8 % of the children in the case group suffer from a high level of anxiety which needs therapy.
	2. By looking at the results, we can see that 18.8% of the children suffer from 2 depression and they need intervention.
	3. It was found that 88% of the children whose ages ranged from (9-12) suffered from various kinds of behavioral problems and neurotic symptoms and they
	need psychological help.
	4. Comparing the case group and control group whose ages ranged between 13 and 16 years, we can see that the case group (high trauma) got high scores on
	anxiety than the control group (low trauma) (t value=4.2 P-value < 0.001).
	5. Comparing the case group and control group whose ages ranged between 13 and 16 we can see that the case group (high traume) get high george an
	and 16 we can see that the case group (high trauma) got high scores on depression scale than the control group (low trauma) (t value=4.5 P-value <
	0.001).
	6. It was found that the educational level of the mother was one of the factors
	that was related to behavioral problems and neurotic symptoms among children.
	The differences were significant between preparatory and secondary children.
	7. By looking to the results, we can find that gender as one of the variables which was examined with its relationship with anxiety and depression was not
	significant.
	Periods of exposure were not significant with their relationship with anxiety,
	depression and behavioral problems in all groups.
Reima Al-Jarf	Positive Psychology in the Foreign Language Classroom

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#### **GICICPLR1809054**

**Prof. Reima Al-Jarf** King Saud University, Riyadh, Saudi Arabia

#### Abstract

The study aims to show how principles of positive psychology can be applied in the foreign language (FL) classroom. Results of an exploratory study with a sample of FL students showed that students have a negative image about themselves as FL learners. They feel inadequate and are always afraid of failing. If they fail, they blame it on their bad luck or on the teacher. Some are not willing to try, hate school and studying. They are under stress if they have a class presentation, a writing assignment or a test. They cram and lose sleep. They are always worried about the kind of idea their instructor has about them. Another exploratory study with a sample of FL instructors showed that many instructors feel that their role is limited to preparing the teaching material, in-class instruction, writing exams, grading assignments and other paper work. Based on findings of the exploratory studies, the author applied principles of positive psychology to her FL classrooms to help students become happy and relaxed learners, overcome stress and anxiety and make more achievements and improvements. She allocated part of her class times, office hours and online courses to teach some self-improvement strategies to combat the above issues. She also organized lectures and workshops for her colleagues about: (i) effects of positive emotions on FL learning; (ii) what contributes to students' happiness, emotional health, and sense of fulfilment; (iii) self-improvement techniques and strategies; (iv) how to help students manage-stress and others. Results of a follow-up study and a questionnaire-survey with students and instructors showed that the training had positive effects on students and instructors' attitudes. The study gives practical positives guidelines that would help FL teachers and students develop positive attitudes, positive affirmations, emotional resilience, positive thinking and manage stress in FL teaching and learning. Keywords: positive psychology, Foreign language learning, foreign language teaching, self-improvement Sunday Dare A Transformative Approach to Embracing LGBTI Communities at a University GICICPLR1809055 Campus **Sunday Dare** Educational Psychology, Humanities, University Of Kwazulunatal, Durban, South Africa Abstract In today millennium world, university campuses are regarded as a secular space of higher learning for diversity of practices; whereby beliefs, cultures and values among the population are explored. This study is coined from stigmatization incident of a student due to his identity among his peers, which said to distinct heterosexuals-homosexuals relationships. Therefore, this study envisage to propose "A transformative approach to embracing Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) communities at a university campus". However, this is a qualitative study that considers participatory action research paradigm and case study approach to get an in-depth to research team perspectives' on their contribution towards proposing a transformative approach that will embracing LGBTI communities at a university campus among heterosexual peers. Participants in this study represented the population size of seventeen (17): categories of seven groupings, ranged from 18-60 years, from a university campus and outside university, all in KwaZulu-Natal metropolis. Snowballing and purposive methods of selection used, Ubuntu theory was considered to

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	address the current situational need for a transformative approach. Data will be generated through conversations, deliberate dialogues, discussions, focus groups interview and meetings. Data analysis will be followed accordingly. Trustworthiness of this study will ensure credibility, confirmability, transferability and dependability. Lastly, ethical issues was sought and approval was granted for the study. The findings of this study will serves a transformative approach to empower LGBTI communities and create wider space to learn in a friendly and lovely university campus environment. Finally, this study will contribute new knowledge to the existing literature. Keywords: Transformative, Embracing, LGBTI communities, University campus
Rolyn Julianne Laurel GICICPLR1809056	Darkeness before the Dawn: Experiences of selected Parent/s with a family member who is HIV+
	Rolyn Julianne R. Laurel Department of Psychology, Faculty of Arts and Sciences, Miriam College, Quezon City, Philippines
	Ariane Anne Coleen C. Morales Kelly Anne H. Obispo April Marie C. Ramos
	ABSTRACT This qualitative study explores the different experiences of seven parents with a family member who is positive to HIV using Edwin Decenteceo's (1999) Pagdadala Model as a guide. Participants were gathered through the use of snowball sampling and are members of different organizations and groups who supports people with HIV/AIDS. Results were gathered through semi-structured interviews and analyzed through direct-content and cross-case analysis. With the use the of the Pagdadala Model and its six aspects: (1) The Burden, (2) The Burden Bearer, (3) The manner by which the Burden Bearer carries the burden, (4) The destination of the Burden Bearer, (5) The path of the Burden Bearer, and (6) The experiences of the Burden Bearer on the way to the destination. The experiences of the participants were categorized in five themes in dealing with the burden together with their family member who's positive with HIV/AIDS: (1) The relationship of the Parent and the family member before and after the disclosure of the disease, (2) Facing the consequences as a Parent of the HIV+ family member, (3) Dealing the stress or problems due to HIV/AIDS, (4) Experiences of the Parents: The disclosure of the family member who's HIV+ to their Parents: who are HIV+, and (5) Acceptance on the family member for being HIV+. Despite their encumbrances, the parents still remained to have a positive look in life and continues to fight for their family member. This study can be used as a guide to know and understand the state of the PLHIV and even the family that is also affected by the disease. Keywords: gay, HIV/AIDS, lesbian, PLHIV (People Living with HIV/AIDS)
Hyunju Ryu GICICPLR1809057	"Christmas Philosophy," Religiosity and Festivity in Korea
	Hyunju Ryu Busan University of Foreign Studies, Busan, Korea
	Abstract This research is triggered by a recent new argument about the old western holiday, Christmas, in South Korea in association with the controversial slogan of 2018 Pyeongchang Paralympics, "Christmas in March." Because of the word, "Christmas," it faced a strong opposition from local Buddhist leaders and was

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eventually changed into "Spring in March," only 10 days prior to the Paralympic Winter Games. In this paper, I will revisit and address how Korean people perceive and celebrate Christmas from local perspectives by using a global term, "Christmas Philosophy" to connote the two things: it means Christmas sentiments or spirits generally; and at the same time, it refers to Charles Dickens's Christmas Carol academically. Christmas is the most popular western holiday in Korea despite of its Christian originality, and has been celebrated as a special day for Christians and a year-end festive season for the general public as well. There is even A Santa-Clause Town in Buncheon, a year- round famous tourist attraction, and there is also a famous Korean movie titled Christmas in August. During the holiday season, various adaptations of the Dickens's work are performed almost every year and Scrooge is the most frequently-mentioned seasonal figure in the nation. As such, Christmas has become a synonym of festivity, hopes, philanthropy, and this is also how Christmas scenes are depicted in Korean arts and pop cultures. Meanwhile, against this secularity, its Christian color has always been lingering sensitively in religious circles as with the case of the slogan controversy. Keywords: Christmas, Dickens, religiosity, festivity, Korea
Body Image on Social Media: Photos, Profiles, and Popularity
Leslie Anzia
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Hanie Kim
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Lorma Colleges Special Science High School (student researchers)
Fernando Oringo
Research Adviser
Abstract
In this day, our lives are now connected through the cable wires of social media; having the opinions and views of the people that were brought into the social networking sites. Social Media, however is slowly turning into a numbers game; behind that picture are standards when it comes to liking and commenting. Not everyone gets to feel the euphoria one gets from support from the people behind the doors of Social Media. The body image was defined as a view of one's own overall appearance physically, and is known as an important aspect of mental health and self-worth across the life span. It is related to sexuality, self-esteem, identity and family relationships. It was also defined as the internal representation of your own outer appearance; your own unique perception of your body. The researchers aimed to answer the following; 1.)What are the

	conclude that with all the data gathered, people tend to favor pictures that their opinions respectively.
Elaine Angeli Mecos GICICPLR1809060	Keywords: Body Image, Social Media, Selfie, Attention. Perception.   Depression, Identity Theft, and Narcissism in the Online World
	Chynna Manzano Student Researchers, Lorma Colleges Special Science High School
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	Student Researchers, Lorma Colleges Special Science High School
	Fernando P. Oringo Research Adviser, Lorma Colleges Special Science High School
	Abstract The research paper aims to establish understanding on the prevalence Identity Theft, Depression, and Narcissism in Social Media. Almost every who is connected to the internet can become a victim of identity theft, rang from kids with phones or grandparents with accounts. Today's youth also m out social skills development when they're connected and interacted through screen. Furthermore, the causes of depression became predominant in the social
	media community, and are determined through looking for clues hidden in the posts such as sadness or suicidal quotes. Moreover, narcissistic people tend rise without being concerned about other feelings which can also lead depression. The development of narcissism is caused by social interactions a too much use of smartphones. The researchers focused on mixed method
	combination of qualitative and quantitative research for their research desi The researchers conducted online interview with Filipino teen celebrities a were asked about their subjective experiences on narcissism, identity theft a online depression. Research shows various perceptions of the participants wh it comes to dealing with depression and how social media plays a significant r towards the emotional development of teenagers nowadays. Teen celebrities a
	also victims of identity theft, but they tend to manage on how to deal with it a the moment they enter in the world of entertainment industry, they are alrea given proper orientation

	Keywords: social media; narcissism; identity theft, depression and millennial
Mitra Kamran GICICPLR1809061	Mediating Role of Interpersonal Problems on the Relationship Between Parenting Styles and Marital Problems
	Mitro Kompon
	Mitra Kamran Department of Psychology, Faculty of Psychology, University of Tehran, Tehran
	Iran
	Abstract
	Interactions between family members in childhood, especially the parent-chil
	relationship, affect how individuals behave in interpersonal relationships in adulthood. Couples relationship affects parenting styles and interpersonal problems that arise from them. The aim of the present study was to examine the
	mediating role of interpersonal problems on the relationship between parentin styles and marital problems. A total of 249 volunteers (93 men, 156 women) from
	Tehran family courts participated in this study. All participants were asked t complete Parental Authority Questionnaire (PAQ), Inventory of Interpersona
	Problems (IIP-30), and Golombok Rust Inventory of Marital State (GRIMS Authoritative parenting style showed a significant negative association wit
	marital problems while authoritarian parenting styles showed significant positive associations with marital problems. Permissive parenting style showed marital problems however it was not statistical
	negative association with marital problems, however it was not statisticall significant. Interpersonal problems also showed a significant positive associatio
	with marital problems. Analysis of the data revealed that interpersonal problem
	mediated the relationship between parenting styles and marital problems. Base
	on the results of the present study, it can be concluded that some kind of parenting styles might develop interpersonal problems. Marital problems an
	couples dissatisfaction could be consequences of such problems in the later stage of life.
	Keywords: interpersonal problem, parenting, marital problem, coupl relationship
Hyunju Ryu GICICPLR1809059	"Christmas Philosophy," Religiosity and Festivity in Korea
	Hyunju Ryu
	Busan University of Foreign Studies, Busan, Korea
	Abstract
	This research is triggered by a recent new argument about the old wester
	holiday, Christmas, in South Korea in association with the controversial sloga of 2018 Pyeongchang Paralympics, "Christmas in March." Because of the word
	"Christmas," it faced a strong opposition from local Buddhist leaders and wa
	eventually changed into "Spring in March," only 10 days prior to the
	Paralympic Winter Games. In this paper, I will revisit and address how Korea
	people perceive and celebrate Christmas from local perspectives by using global term, "Christmas Philosophy" to connote the two things: it mean
	Christmas sentiments or spirits generally; and at the same time, it refers t
	Charles Dickens's Christmas Carol academically. Christmas is the most popula
	western holiday in Korea despite of its Christian originality, and has bee
	celebrated as a special day for Christians and a year-end festive season for th general public as well. There is even A Santa-Clause Town in Buncheon, a year
	round famous tourist attraction, and there is also a famous Korean movie title
	Christmas in August. During the holiday season, various adaptations of th
	Dickens's work are performed almost every year and Scrooge is the most
	frequently-mentioned seasonal figure in the nation. As such, Christmas has become a synonym of festivity, hopes, philanthropy, and this is also how
	Christmas scenes are depicted in Korean arts and pop cultures. Meanwhile

	against this secularity, its Christian color has always been lingering sensitively in religious circles as with the case of the slogan controversy. Keywords: Christmas, Dickens, religiosity, festivity, Korea
	A consideration of the Psychology of worship in the Mauritian Bhojpuri folk songs
	Jayganesh Dawosing Lecturer, Department of Bhojpuri, Folklore & Oral Traditions, Mahatma Gandhi Institute, Moka, Mauritius
	Abstract
Jayganesh Dawosing GICICPLR1809062	Research Objectives: My paper aims at studying the psychology of worship in the Mauritian Bhojpuri folk songs. Songs from the Mauritian 'Geet-Gawai' (pre-wedding ceremony of Bhojpuri speaking people in Mauritius) will be analysed. Themes like pantheism, fear and awe in religion, nature worship or nature mysticism will be discussed. How do these singers perceive worship? Which theories are reflected in these songs? For how long will this tradition of worship exist?
	Methodology: Besides discourse analysis, interviews with the singers have shed light on these questions.
	Research Findings: Mauritian Bhojpuri folk songs depict the belief that reality is identical with divinity. Everything is part of an all-encompassing, immanent God. Theory of Pantheism of Baruch Spinoza prevails in the analysis where a similarity is also seen in the Vedas-philosophy of Advaita (Non-Dualism). This ceremony represents collective cultural memory. By breaking barriers of caste and class, it contributes to building of smooth and cohesive community identity. Presently, Geet-Gawai has come out of the confines of being a family function, and public performances also take place. Now-a-days, apart from women, men are also participating in these events. Keywords: 'gitgawai', worship, pantheism

# **LISTENERS**

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